






















































































































KEOKUK COMMUNITY SCHOOL DISTRICT

SEPTEMBER

2011

Menu for Middle School & All Elementary Schools

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|--|--|
|  Whoa Food  Slow Food  Go Food |  | | Walking Taco/Doritos  Lettuce/Cheese  Refried Beans  Apple Half  Churro  Milk  1 | Ham/Cheese/Bun  French Fries  Carrots  Frosted Cake  Milk  2 |
|  NO SCHOOL 5 | Corn Dog  Potato Tots  Baked Beans  Raisins  Frozen Fruit Bar  Milk  6 | Nacho/Beef/Cheese  Lettuce Salad  Pineapple Chunks  Peanutbutter Bar  Milk  7 | Hot Pocket  Seasoned Corn  Diced Peaches  Rice Krispie Treat  Milk  8 | Turkey Fritter/Bun  Potato Wedges  Cole Slaw  Brownie  Milk  9 |
| Sloppy Joe Sandwich  Onion Rings  Diced Pears  Cookie  Milk  12 | Chicken Strips  Potato Triangle  Peas  Jell-O with Fruit  Milk  13 | Cheeseburger/Bun  French Fries  Mandarin Oranges  Frosted Cake  Milk  14 | Pizza  Lettuce Salad  Pineapple Chunks  Cookie  Milk  15 | Quesadilla  Spanish Rice  Pinto Beans  Applesauce  Cookie  Milk  16 |
| Chicken Nuggets  Mashed Potatoes/Gravy  Seasoned Corn  Orange Half  Cookie  Milk  19 | BB-Que Rib/Bun  Sweet Potato Puffs  Mixed Fruit  Wacky Cake  Milk  20 | Chicken Strips  Scalloped Potatoes  Broccoli  Muffin Top  Milk  21 | Beef Taco/Tortilla Shell  Lettuce/Cheese  Poppers  Apple Slices/Carmel Dip  Milk  22 | Pork Fritters/Bun  Curly Fries  Diced Peaches  Oatmeal Peanutbutter Bar  Milk  23 |
| Turkey Burger/Bun  Potato Munchers  Mixed Fruit  Cookie  Milk  26 | Pasta/Meat Sauce  Lettuce Salad  Pears  Cheesy Breadstick  Vanilla Pudding  Milk  27 | Pulled Pork Sandwich  Sunshine Fries  Strawberries  Cake  Milk  28 | Egg Omelet/Sausage  Hash brown Potato  Apple Juice  Banana Half  Muffin Top  Milk  29 | Chicken Fajita/Cheese  Spanish Rice  Refried Beans  Orange Slices  Cookie  Milk  30 |

Breakfast "Specials"
 September 9 - Pop Tarts
 September 23 - Pancakes

